

BISTRO *italia*

BAR • RESTAURANT

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In true traditional Italian style,
we are a family-run restaurant
and bar in the heart of Poulton-le-Fylde,
serving authentic Italian dishes made
from freshly sourced local produce and
prepared daily by our chefs.

You're welcome to reserve a table in our
bar area for pre-dinner or after-dinner drinks.

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BREADS & NIBBIES

PANE É STUZZICHINI

OLIVE MARINATE (v) 4.95
Marinated olives in olive oil, garlic and chilli

PANE CON OLIO E ACETO (v) 4.50
A selection of breads with olive oil and balsamic vinegar

PANE ALL'AGLIO (v)
Garlic Bread 5.50
Garlic Bread with mozzarella (vegan option available) 8.00
Garlic Bread with tomato 7.00
Garlic Bread with tomato, red onion & chilli 8.00
Garlic Bread with tomato and mozzarella 8.50
- add 'Nduja 2.50
- add pistachio pesto 2.50
- gluten free garlic breads available additional 2.50

BRUSCHETTA DI POMODORO (v) 5.95
Toasted ciabatta served with fresh tomatoes, rocket, Parmesan shavings and balsamic dressing

CHARCUTERIE BOARD ANTIPASTI
A traditional deli selection of delicious Italian hams and cheeses, with olives and Italian breadsticks and rocket

For one 9.00
Perfect to share 17.50

STARTERS

ANTIPASTI

GAMBERONI AL PEPERONCINO 12.95
Tiger prawns cooked in a spicy bisque, served over salad leaves

FORMAGGIO DI CAPRA (v) 9.95
Baked goat's cheese on tosted ciabatta over a bed of salad leaves drizzled with balsamic glaze

PÂTÉ DELLA CASA 8.95
Chicken liver pâté served with ciabatta toast

INSALATA CAPRESE (v) 9.95
Tomato and fresh mozzarella salad with olive oil and basil

FUNGHETTO ALLO STILTON (v) 9.50
Oven-baked button mushrooms in a rich Stilton cream sauce, served with toasted ciabatta

CALAMARI FRITTI 9.95
Fried squid with garlic mayo dip

FUNGI CREMA E FORMAGGIO (v) 9.00
Mushrooms sautéed with garlic, white wine, cream and Italian cheese in filo pastry basket

INSALATA D'ANATRA 10.95
Crispy shredded duck dressed with chilli jam and salad leaves

GAMBERETTI & SALMONE 12.50
Fresh Scottish salmon and Atlantic prawn cocktail, with lettuce and a delicious Bloody Mary sauce

COZZE ALLA CREMA 10.95
Fresh mussels sautéed with white wine, onion and cream to create a delicate sauce

COZZE ALLA 'NDUJA 11.50
Fresh mussels simmered in spicy 'nduja tomato sauce with onion and white wine

POLPETTE 9.95
Homemade Italian meatballs simmered in a classic marinara sauce

BBQ RIBS 9.95
Slow-cooked pork ribs marinated with a BBQ sauce

PASTA & RISOTTO

LE PASTE I RISOTTI

AGNOLOTTI ALL'ARAGOSTA 15.50

Agnolotti pasta stuffed with lobster, in a smoked salmon, cream, tomato and raspberry vodka sauce

LINGUINE AL POMODORO E BASILICO (v) 11.95

Linguine pasta with fresh tomato and basil sauce

LASAGNE AL FORNO 13.95

A hearty, oven-baked lasagne made with tender beef ragu, béchamel sauce and melted cheese, baked to perfection

LINGUINE ALLA CARBONARA 14.50

Linguine pasta with bacon, egg, cream and parmesan cheese

PAPPARDELLE ANATRA 14.95

Wide pappardelle ribbons tossed with a shredded duck ragu

PENNE ARRABIATA 14.50

Penne pasta with chilli, spicy salami and tomato sauce
(Vegetarian option available)

LINGUINE ALLA MARINARA 15.50

Fresh seafood linguine, with salmon, prawns, squid, mussels and cod in a garlic-infused tomato sauce

PENNE AL POLLO 14.95

Penne pasta with roast chicken & cream

TORTELLONI CON CREMA FUNGHI E 14.95

FORMAGGIO (v)

Ricotta and spinach stuffed pasta with a mushroom, cream and cheese sauce

LINGUINE AMATRICIANA 14.95

Linguine pasta with tomato sauce, pancetta, sauté onions and chilli

LINGUINE AL PESTO E POLLO 14.95

Linguine pasta with a basil pesto cream sauce and roasted chicken

PAPPARDELLE SALMONE E GAMBERETTI 15.50

Wide pasta ribbons with smoked salmon and prawns, in a cream sauce

LINGUINE BOLOGNESE 14.50

Linguine pasta with a traditional rich meat sauce

RISOTTO CON FUNGHI PORCINI (v) 14.95

Porcini mushroom, arborio rice risotto with parmesan shavings and truffle oil

RISOTTO ALLO SCOGLIO 15.50

Classic Italian seafood risotto made with Arborio rice gently cooked in a tomato and garlic sauce with fresh mussels, squid, prawns and salmon

LINGUINE CON PISTACHIO PESTO E BURRATA (v) 14.50

Linguine pasta coated in pistachio pesto topped with creamy burrata

GNOCCHI SORRENTINA (v) 13.95

Gnocchi in tomato and basil sauce topped with mozzarella and oven baked
(vegan option available)

Children's portions available
Gluten free pasta & pizza available

(v) suitable for vegetarians
(vg) suitable for vegan diet

*If you have any food allergies or special dietary requirements,
please speak with a member of staff.*

MAIN COURSES

PRIMI PIATTI

SALMONE PEPE & LIMONE 22.95

Oven-roasted Scottish salmon with lemon, cracked peppercorn and honey, served with buttery mash and seasonal vegetables

SALMONE PEPE ROSA 22.95

Pan-fried salmon with saffron cream and pink peppercorn sauce

POLLO AL PEPE 18.50

Chicken breast served with a peppercorn sauce

POLLO AL FORMAGGIO 18.95

Goats cheese stuffed chicken breast with a sweet tomato sauce

POLLO ALLA GRIGLIA CON INSALATA MISTA 15.95

Chargrilled chicken breast served with a mixed salad and balsamic glaze

AGNELLO AL FORNO 21.95

Slow-cooked lamb shank in a rich red wine and rosemary sauce

FILETTO DI MAIALE 19.50

Medallions of fillet of pork with a brandy and cream sauce

All our main courses are served with roast potatoes and a medley of vegetables unless stated otherwise.

STEAK DISHES

LA CARNE

FILETTO AL PESTO 32.95

Fillet steak served on a bed of buttery mash potato with our homemade basil pesto sauce

FILETTO GORGONZOLA* 32.95

Fillet steak in a creamy gorgonzola cheese sauce

FILETTO AL PEPE* 32.95

Fillet steak in a peppercorn sauce

FILETTO FUNGHI* 32.95

Fillet steak with a creamy mushroom sauce

FILETTO AL BRANDY* 32.95

Fillet steak in a brandy sauce

*Served with vegetables and roast potatoes

- Swap roast potatoes for French Fries (+ 2.50) or
- Parmesan & Truffle Fries (+ 3.50)

RIBEYE STEAK 30.95

Grilled ribeye steak served with seasonal vegetables, fries and a choice of either:

- Peppercorn sauce
- Gorgonzola cheese sauce
- Creamy mushroom sauce

- Swap Fries for Parmesan & Truffle Fries (+2.00)

OUR PIZZAS

LE PIZZE

MARGHERITA (v)	11.95
Mozzarella and tomato (vegan option available)	
ANATRA	14.50
Shredded duck, spiced plum base and mozzarella	
HAWAIANA	14.50
Ham, pineapple, tomato and mozzarella	
BELLA'S BURRATA & MORTADELLA	15.95
Mozzarella based pizza topped with mortadella, creamy burrata and pistachio pesto	
• Vegetarian option without mortadella (v)	14.95
LUCA'S FESTA	15.95
Minced beef, ham and pepperoni with mozzarella and tomato	
IL DIAVOLO CAM	14.50
Pepperoni with chilli, tomato, and mozzarella	
GINA'S SPECIALE DI MARE	15.95
A seafood pizza topped with prawns, salmon, mussels and squid over mozzarella, tomato and garlic	
POLLO E PESTO	14.95
Mozzarella, tomato, grilled chicken and basil pesto	
CARBONARA	14.95
A mozzarella based pizza topped with our creamy homemade carbonara sauce	
QUATTRO STAGIONI	14.95
Mozzarella, tomato, ham, artichokes, mushrooms and salami	
PROSCIUTTO E FUNGHI	14.50
Mozzarella, tomato, ham and mushrooms	
FUNGHI (v)	12.95
Mozzarella, tomato and mushrooms (vegan option available)	
VEGETARIANA PIZZA (v)	14.50
Mozzarella, mushroom, onion, tomato and peppers (vegan option available)	
CALZONE	14.95
Folded pizza with tomato sauce, mozzarella, ham, mushroom and salami	
CALZONE VEGETARIANA (v)	14.00
Folded pizza with tomato sauce, mozzarella, spinach, mushroom and onion	

Gluten Free Pizzas available £2.00 additional charge

SIDE DISHES

CONTORNI

PATATINE FRITTE (v)	4.95
French fries	
PARMESAN & TRUFFLE FRIES (v)	5.95
INSALATA MISTA (vg)	4.95
Mixed salad	
INSALATA DI RUCOLA (v)	4.95
Parmesan and rocket salad	
PURÉE DI PATATE (v)	4.50
Creamy mash potato	
SPINACI (v)	
• Creamed spinach	4.95
• Spinach with olive oil, garlic and chilli	4.95

DESSERTS

HOT CHOCOLATE PUDDING 6.95

A warm white & dark chocolate pudding served with ice-cream

BRANDY BASKET 6.50

Our signature brandy basket served with fresh fruit & ice cream

TIRAMASÙ 6.95

Traditional Italian cake, coffee & Brandy liqueur

LEMON CHEESECAKE 6.95

A classic crunchy biscuit base topped with zesty lemon flavoured cream

ICE-CREAM 5.50

A classic selection of flavoured ice-creams

BISTRO GELATO SANDWICH 7.50

Our signature ice cream sandwich with a choice of vanilla or chocolate ice cream, served with whipped cream and nutella between sliced sweet brioche bread

CANNOLI 6.95

A trio of traditional Italian pastries filled with pistachio cream, salted caramel and lemon, served with a pot of Nutella

PISTACHIO TIRAMASÙ 6.95

A classic Italian tiramisù layered with smooth pistachio cream

CHEESE BOARD TO SHARE 10.50

A selection of local sourced cheeses with crackers, celery & grapes

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